



UTAH HEALTH SCHOLARS

Spring 2021 UHS Courses Dixie State University

Utah Health Scholars (UHS) is an enhancement program geared to give students opportunities that will help them as they apply to **ANY** associate, bachelors, and graduate level health training programs such as medical, physician assistant, nursing, dental, dental hygiene, physical/occupational therapy, athletic training, healthcare administration, public health, etc.

Students join UHS by registering for a UHS course, which admits them to the program and provides them with access to the wide variety of UHS resources including: free 1-on-1 private tutoring, service, patient exposure, and job shadowing opportunities, cultural immersion trips, mentoring, test prep, early/preferred acceptance programs, application and interview assistance, etc. ALL UHS courses have a \$150.00 course fee associated which helps fund portions of the available resources.

Registering for Utah Health Scholars

- **ALL new students will need to register for HLOC 2000**
 - **Section 01 & 40B:** designed for students pursuing graduate level programs (Medical, Dental, Pharmacy, Physical or Occupational Therapy, etc.).
 - **Section 51 & 41B:** designed for students pursuing associate and bachelor level programs (Nursing, Dental Hygiene, Respiratory Therapy, Medical Laboratory Science, etc.).
- **Return UHS Students will select an advanced seminar to attend, seminar descriptions are listed below.**
 - General Returning UHS student seminars are cross listed as both HLOC 3000R and BIOL 3000R, students can register for either
 - Biology Majors are encouraged to register for BIOL 3000R
- **UHS Nursing Track**
 - Pre-Nursing students will register for HLOC 2000 in their first semester, and HLOC 3000R for all semesters after. The seminars are labeled by semester.
 - *See the Nursing Advisor for assistance to register for HLOC 3000R if you have not completed HLOC 2000.*

--- UHS COURSE DESCRIPTIONS ---

UHS Health Career Exploration (For new UHS students)

HLOC 2000-01 (CRN 22052) – Full Semester, In-Person

Wednesdays – 4:30-5:20 p.m., Brown 201 (Dunford Auditorium)

Taught by UHS Staff

Also available ONLINE in B-Block - HLOC 2000-40B (CRN 22227)

Are you interested in a career in medicine, dentistry, physical therapy, nursing, veterinary science, or literary any other healthcare field? This course is the course for you! We will explore the world of healthcare, helping students to identify career paths and the steps necessary to enter each field. We will discuss the requirements for graduate programs, the importance of service, loan forgiveness programs, hear from guest speakers, and learn about current developments in health care. THIS COURSE IS REQUIRED FOR EARLY ACCEPTANCE & PREFERRED ACCEPTANCE PROGRAM.

***Applicable for all students either pursuing graduate level programs, or who are undecided on a specific field**





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UHS Returning Students: Advanced Medical Spanish

HLOC 3000R-03 (CRN 22060) or BIOL 3000R-03 (CRN 22061)

Thursdays, 3:00-3:50 p.m., Human Performance Center 203

Taught by Koy Gubler, Spanish Interpreter

Develop your Spanish skills and medical terminology vocabulary for different disciplines and area of the medical field. This course will cover content from Barron's *Spanish for the Health Care Professionals*. You should have a basic understanding of the Spanish language before taking this course. This course is suggested for those interested in attending a Spanish-speaking cultural immersion trip (such as the Dominican Republic or Panama) or anyone who may work with Spanish-speaking patients in the future.

*Applicable to ALL Disciplines

UHS Returning Students: Beginning Medical Spanish

HLOC 3000R-02 (CRN 22064) or BIOL 3000R-02 (CRN 22065)

Tuesdays, 3:00-3:50 p.m., Human Performance Center 203

Taught by UHS Staff

Learn needed Spanish skills and general medical terminology vocabulary as well as the body systems. To gain the basics of how to interact and help patients that speak Spanish during a routine visit. This course will cover content from Barron's *Spanish for the Health Care Professionals*. That will teach needed vocabulary to 1. Communicate to connection with patients and their families. 2. Question patients about their symptoms. 3. Conduct physical examinations. 4. Gather and convey basic information. 5. Inform and instruct about basic procedures. 6. Give follow up instruction.

*Applicable to ALL Disciplines

UHS Returning Students: Rock Steady Boxing

HLOC 3000R-42 (CRN 22070) OR BIOL 3000R-42 (CRN 22071)

ONLINE Course – Required to attend 1-hour class (times listed below)

Taught by UHS Staff

Rock Steady Boxing is a non-contact boxing fitness curriculum that helps provide people with Parkinson's disease with hope and improving their quality of life. Students participating in this seminar would attend a regular class of the program as a volunteer. The classes are a fun way to get involved and interact with community members. The classes are held at Elevation Fitness (1090 N Bluff St, St. George, UT 84770) The class times are listed below:

Tuesday

12:00-1:00 p.m. (3-4 students)

Wednesdays

- 5:00-6:00 p.m. (2-3 students)

Thursdays

- 12:00-1:00 p.m. (3-4 students)

Saturdays

- 9:00-10:00 a.m. (3-4 students)

Students must register and pick a class time here: <https://tinyurl.com/UHSRockSteadySP21>

*Most applicable for students pursuing physical therapy, occupational therapy, nursing, medical.





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UHS Returning Students: Health Care Ethics

HLOC 3000R-43 (CRN 22072) OR BIOL 3000R-43 (CRN 22073)

ONLINE, Asynchronous Course – No Attendance Required

Taught by Amy E. Machen, PA-C

Are there times when it's acceptable to cover up or avoid revealing a mistake if that mistake would not cause harm to the patient? This seminar will explore these types of dilemmas in healthcare, while introducing students to the ethical norms and expectations of the healthcare profession. As future healthcare providers, students need to develop their own set of ethics and standards by which they will practice, this seminar is an excellent start. Students of all levels and disciplines of Rural Health Scholars are highly encouraged to join this semester.

*Applicable to ALL Disciplines

UHS Returning Students: Graduate Application Workshop

HLOC 3000R-40 (CRN 22066) OR BIOL 3000R-40 (CRN 22067)

ONLINE, Asynchronous Course – No Attendance Required

Taught by UHS Staff

UHS holds an annual Graduate Application Workshop for students who are applying to graduate programs. This seminar will focus on two of the more difficult and time sections: the experiences section and personal statement. Students will be provided with instruction and guidance to complete drafts of their experiences and personal statement to help them move quickly to complete the remainder of the application when they open this summer.

*This seminar is designed specifically for students applying Summer 2021.

UHS Returning Students: Entrance Exam Prep

HLOC 3000R-41 (CRN 22068) OR BIOL 3000R-41 (CRN 22069)

ONLINE, Asynchronous Course – No Attendance Required

Taught by UHS Staff

For those taking their entrance exams this spring/summer. This class includes guidance to set up a study schedule, some exam strategies, access to exam prep books/flash cards, and four practice tests in a simulated testing environment on Saturday mornings **once per month beginning in January**. Tests included are the GRE, MCAT, PCAT, DAT, and OAT.

This course is designed to assist students in setting up a study plan, and sticking with it. It is an online course with weekly prep sessions all students are highly recommend to attend but are not required for the course. These sessions will be online, and students will be able to webcam in and participate.

Students are highly encouraged to seek out additional test preparation materials (online, books, courses, etc.) in addition to this UHS course to succeed on entrance exams.

*Applicable for Medical, Dental, Podiatry, Pharmacy, PT, OT, PA, Psychology, other graduate programs





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UHS Returning Students: Professionalism in Healthcare

HLOC 3000R-44B (CRN 22229) OR BIOL 3000R-44B (CRN 22230)

ONLINE, Asynchronous Course – No Attendance Required

Taught by Amber Denning

First appearances are everything, it's no different in the professional world. From your email, voicemail, and social media, to your interview, you are making first impressions throughout your undergraduate experience. This course is designed with that in mind. Come learn how to effectively dress and behave in volunteer and shadowing experiences, how to create a strong virtual presence, and how to effectively communicate to help open doors throughout your time at DSU that might help get you into that program you are aiming for!

This course is all about personal branding and branding yourself as up and coming health professional!

***Applicable to ALL Disciplines**

UHS Returning Students: Shriners Hospital Ambassadors

HLOC 3000R-08 (CRN 22062) OR BIOL 3000R-52 (CRN 22063)

Tuesdays, 4:30 to 5:20 p.m., TAYLOR 349

Taught by Adam Gaudin

Shriner's Hospital for Children is dedicated to providing the highest quality of care to children with neuromusculoskeletal conditions, burn injuries and other special healthcare needs within a compassionate, family-centered and collaborative care environment. The Shriner's Hospital in Salt Lake City, UT needs Ambassadors to help educate our community about the services that Shriner's has to offer.

Hana Hanks, a current DSU UHS student, will act as the student leader for this class. This seminar is specifically for those looking for volunteer, leadership and/or patient exposure hours.

***Applicable to Medical, Nursing, PT/OT, Health Administration, Public Health, and Med. Radiology**

Medical Skills Training

HLOC 3000R-01 (CRN 22058) OR BIOL 3000R-01 (CRN 22059)

Fridays, 1:00-1:50 p.m. Human Performance Center 203

Taught by UHS Staff

Learn to take blood pressures, do basic lab tests, take patient histories, and explore patient confidentiality issues. In addition, discover universal precautions and leave this class ready to interact with patients. This seminar is highly encouraged for students interested in participating in Health Fairs, Cultural Immersion Trips, and other patient exposure activities. If you do not have any other health license (Pharm Tech, CNA, MA, EMT).



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--- NURSING STUDENT TRACK ---

UHS Health Career Exploration (For Nursing & Health Sciences)

HLOC 2000-50 (CRN 22057)

Wednesdays – 6:00-6:50 p.m., Brown 201 (Dunford Auditorium)

Taught by Chelsie Schwalger, RN

Also available ONLINE in B-Block - HLOC 2000-41B (CRN 22682)

This course is the beginner's course for new UHS students seeking admissions to the DSU nursing program as well as other associate and bachelors level health science programs. The course will be taught by faculty of the nursing program and is focused on helping students develop skills and attributes, and gain experiences that will make them competitive candidates to enter the DSU Nursing program as well as other health science programs.

This seminar is designed for students who have completed 0-30 credit hours. *Students Applying September 2022.

UHS Returning Students: Nurse Career Exploration II

HLOC 3000R-05 (CRN 22074)

Tuesdays, 1:00-1:50 p.m., SCI 137

Taught by Erica Nielson, RN

This is the second course in the Nursing track, and is designed to build on experiences gained in HLOC 2000-51. Students will work to develop emotional intelligence, moral resilience, Grit, etc. The class will include exposure to diverse populations, health care setting role play, etc. Students will also participate in an assessment of basic math skills in preparation to begin work toward on HESI A2 prep. The seminar will help students continue to build the skills and characteristics that will help prepare them for success in nursing school.

This seminar is designed for students who have completed 20-50 credit hours. *Students Applying March 2022.

UHS Returning Students: HESI A2 Prep & Applications

HLOC 3000R-06 (CRN 22228)

Thursdays – 1:00-1:50 p.m., SCI 137

Taught by Dr. Judy Scott, ED.D., RN, Assistant Dean of College of Health Science

This seminar is a test prep style course that will include instruction and practices for the HESI A2 exam. Students will be provided with resources and study materials. Along with HESI A2 prep, the seminar will also include application assistance including guidance on the video interview which is a required part of the DSU nursing school application.

This seminar is designed for students planning to apply to the DSU Nursing program in *September 2021.



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UHS Returning Students: HESI A2 Prep & Applications (A Block)

HLOC 3000R-45A (CRN 22911)

ONLINE, Asynchronous Course – No Attendance Required

Taught by Dr. Judy Scott, ED.D., RN, Assistant Dean of College of Health Science

This seminar is a test prep style course that will include instruction and practices for the HESI A2 exam. Students will be provided with resources and study materials. Along with HESI A2 prep, the seminar will also include application assistance including guidance on the video interview which is a required part of the DSU nursing school application.

***This seminar is designed for students planning to apply to the DSU Nursing program in March 2021.**

UHS Returning Students: Thinking Like a Nurse

HLOC 3000R-07 (CRN 22075)

Thursdays – 4:30-5:20 p.m., TAYLOR 349

Taught by Julie Chew, PhD, MS, RN, Assoc. Professor and Program Coordinator

This seminar the advanced seminar for pre-nursing students. The course content will continue to build upon material covered in HLOC 2000-51, and will focus on preparation for application process to enter the DSU nursing program. The course will include HESI 2 prep, instructions for completing the video interview, clinical experience, and other activities to strengthen you as a candidate.

This seminar is designed for students who will be submitting their application to nursing school the following semester. *For students applying March 2021.